

DO choose masks that



Have two or more layers of washable, breathable fabric



Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps

Special Situations: Children



If you are able, find a mask that is made for children



If you can't find a mask made for children, check to be sure the mask fits snugly over the nose and mouth and under the chin



Do NOT put on children younger than 2 years old

Any teacher or staff member who is working closely with symptomatic children must wear medical grade masks and eye protections to ensure that staff are protected. Click [here](#) to review recently updated information from the CDC on recommendations for personal protective equipment for those working with symptomatic individuals.



The CDC has also provided a number of visual aids and resources to further communicate about appropriate mask wearing:

- [How to Select, Wear and Clean Your Mask](#)
- [How to Wear Masks](#)

Gaiters & Face Shields



Wear a gaiter with two layers, or fold it to make two layers



Caution: Evaluation is ongoing but effectiveness is unknown at this time

Special Situations: Glasses



If you wear glasses, find a mask that fits closely over your nose or one that has a nose wire to limit fogging

Graphics courtesy of the CDC